

MAKING PREP PERSONAL

It's never too early to prepare! Use the space below to identify contact information specific to your family that may be needed during disasters.

Workplace: _____

School / Childcare: _____

Primary Care: _____

Pharmacy: _____

Local Electric: _____

Local Gas: _____

Local Water: _____

Insurance Agency: _____

Police (Dial 911) or: _____

Local Emergency Management: _____

Emergency Meeting Place: _____

Additional Information and Reminders: _____

BUILD YOUR EMERGENCY SUPPLIES KIT

The best time to assemble your emergency supply kit is before a disaster. Develop a Family Emergency Plan since your family may not be together when disaster strikes. Visit ReadyNC.org to download the Family Emergency Plan.



Water (one gallon per person per day)



Non-perishable foods, such as canned goods, granola bars, nuts, dried fruit and cereal



Non-electric can opener



First aid kit and medicines



Baby supplies, toys, books, games



Food, water, leash and carrier for pets



Extra pair of eyeglasses



Flashlight, portable radio, batteries



Cash and change



Blanket or sleeping bag



Extra set of house and car keys



Change of clothes, sturdy shoes



Anti-bacterial hand wipes or gel



Fire extinguisher, ABC-type



Important papers: identification, insurance, bank information, will, etc.



Personal hygiene items: toothbrush, toothpaste, soap, etc.



Cell phone and charger