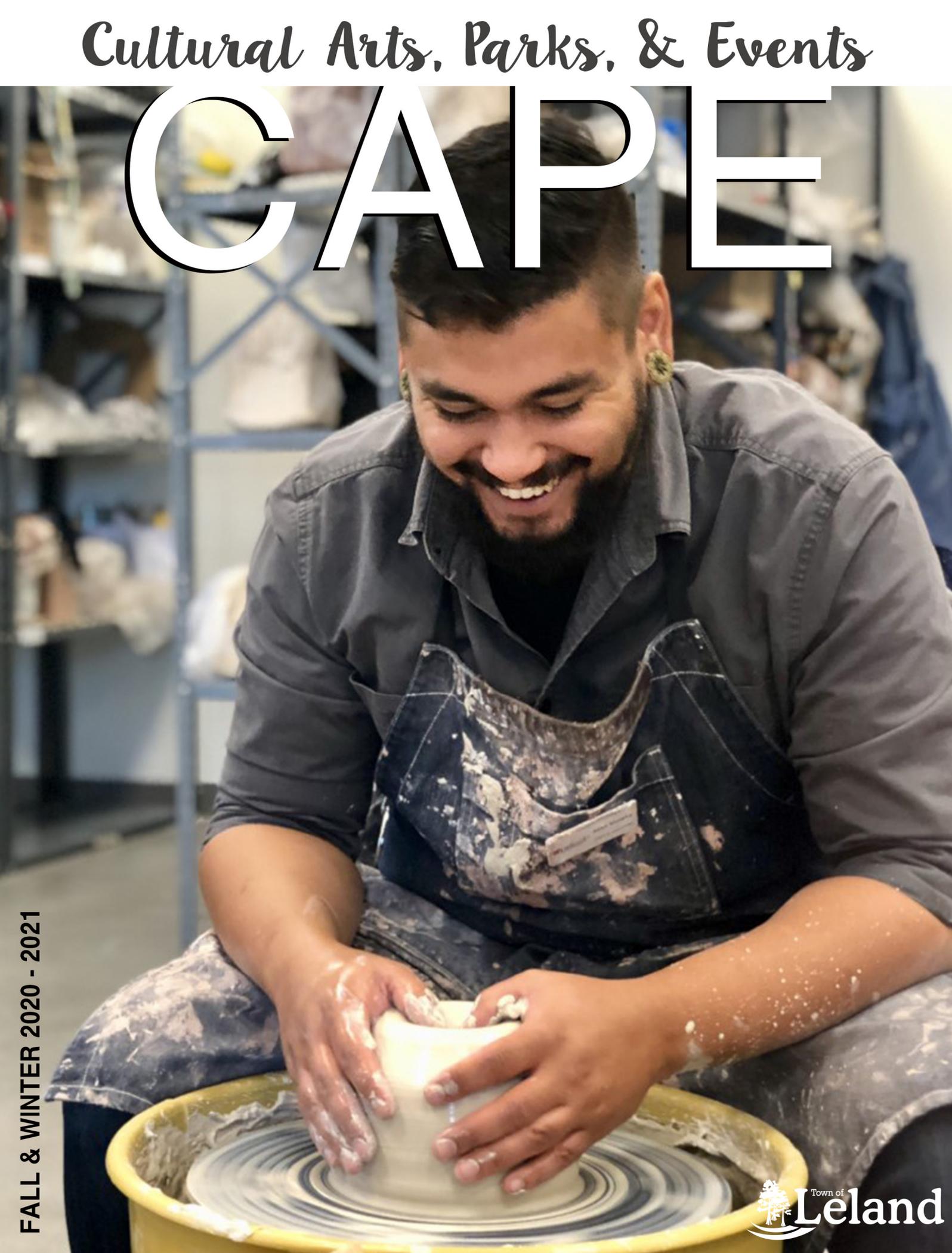


Cultural Arts, Parks, & Events

# CAPE



FALL & WINTER 2020 - 2021



**THE TOWN OF LELAND'S MISSION**

We are dedicated to providing effective and fiscally responsible municipal services in a manner that promotes a high quality of life with a neighborly feel.

**IMPORTANT PHONE NUMBERS**

TOWN HALL	910.371.0148
PARKS & RECREATION	910.408.3092
CULTURAL ARTS CENTER	910.385.9891
POLICE DEPARTMENT	910.371.1100
PLANNING	910.371.3390

**REGISTRATION**

**Online Registration**

Check availability and register for programs online by following these steps:

- Visit [www.townofleland.com/lcac](http://www.townofleland.com/lcac) and click the "Online Registration" button.
- Search by keyword or course code on the ActiveNet website below with or without creating an account.  
<https://apm.activecommunities.com/townofleland/>
- To register, create an account or log in to your existing account.
- Enroll in programs by clicking the "Add to Cart" button and follow any additional steps.

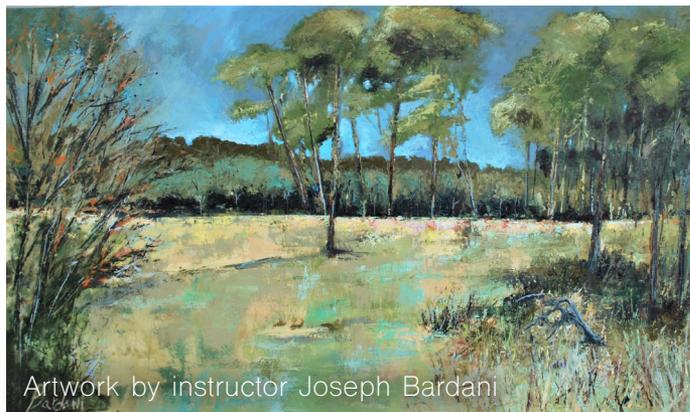
**In-Person Registration**

Register for programs in person by visiting during our normal hours of operation at Leland Town Hall, located at 102 Town Hall Drive, or at Leland Cultural Arts Center, located at 1212 Magnolia Village Way.

Town Hall	Monday – Friday	8 AM – 5 PM
LCAC	Monday – Thursday	9 AM – 9 PM
	Friday – Saturday	9 AM – 3 PM

Holiday schedules may differ from the hours listed above. Contact us with any questions.

\*Registration over the phone is prohibited in order to keep your financial information secure.



**PHOTO POLICY**

The Town of Leland reserves the right to photograph event and program participants for publicity purposes.

**SCHOLARSHIPS**

Please see page 12 for scholarship information.

**REFUND POLICY**

- If a participant registers online, a refund given for any reason is less the ActiveNet processing fee. The ActiveNet registration software charges a small but non-refundable processing fee for online registrations.
- If a participant chooses to have a credit placed on their account, there is no additional processing fee when the participant uses the credit in person to register for a different program.
- Currently, credits do not expire and can be used for anyone on the participant's family account.
- Cancellation/withdrawal: Participants must cancel their enrollment a minimum of two weeks prior to the program start date to receive a full refund.

Please note that this is only a portion of our refund, credit, and transfer policy. Get complete details by calling the facility hosting the program.

Online registration for programs and events in this CAPE begins at 9 AM on August 1, 2020. For in-person registration, check for updates on the Town's website. [www.townofleland.com](http://www.townofleland.com)

get connected!

WWW.TOWNOFLELAND.COM



@townofleland  
@lelandparksandrec  
@lelandculturalartscenter



@townofleland  
@lelandparksrec  
@lelandarts



@lelandparksandrec  
@lelandart

**COVER ARTWORK**

The cover is dedicated to the memory of Ryan Murphy, a talented artist and former instructor at the Leland Cultural Arts Center.

**PROGRAM & EVENT NOTICE**

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Sturgeon Creek Park

## LELAND PARKS & RECREATION MISSION

To make Leland an exceptional place to live by providing diverse parks, recreation facilities, and a variety of programs and opportunities that take advantage of the Town's natural and cultural resources. This inclusive program contributes to an unparalleled standard of community life for the residents of Leland.

## A MESSAGE FROM OUR OPERATION SERVICES DIRECTOR

### The New Normal in Parks and Recreation

As we continue to deal with the COVID-19 pandemic, the landscape of parks and recreation may look different in many ways. With limits on gathering sizes likely to continue and social distancing becoming the new normal, our recreation offerings will be coming to you in new formats. One such way will be more focus on outdoor programming to get you outdoors and keep you active. For the first time, our department is pushing into virtual programming with online trivia. Lecture series programs are likely to transition to web videos as we explore ways to bring programming to you in the comfort of your home. But this doesn't mean you have to become accustomed to a sedentary lifestyle. In fact, it is quite the contrary. Our parks remain open, and we encourage the community to take advantage of these open spaces (while social distancing, of course).

During the spring, we saw people take to the outdoors to avoid cabin fever, soak up some vitamin D, and connect with nature to relieve mental stress. Biking, walking, and jogging are all excellent ways to achieve these goals—especially in parks! In fact, our upcoming expanded and modified fitness programs can easily be accomplished in our parks. It is vital for us to remember to stay physically active, maintain social interaction, and be mindful of our mental health, because taking care of ourselves is taking care of our community.

I hope you continue to stay well and stay active.

Wyatt Richardson CPRP, CPO, AFO



Bill Nadeau



Allison Hensley



Dusty Greiner



Amy Wells



Darren Pierce



Kim Stutts



Joeli Franks



Zoey LeTendre



Helen Dupuis



Jessica Faircloth



Wyatt Richardson



Jeff Bell



Mike Hewett



Brandon Jacobs



Kirsti Armstrong



Lauren Rogers



Heather Divoky



Monty Krause



Laurie White



Mark Mabry



Eddie Shelton



Founders Park

### Founders Park

**Address** 113 Town Hall Drive  
**Hours** Sunrise to sunset  
**Size** 8 acres  
**Opened** September 2004  
**Amenities** Playground, 0.6-mile multi-use path, stage, picnic tables, gazebo, open green space, and disc golf  
**Rentals** Picnic tables are first-come, first-served. Call 910.408.3092 or email [recreation@townofleland.com](mailto:recreation@townofleland.com) with questions.



Community Garden

### Community Garden

**Address** 102 Town Hall Drive  
**Hours** Sunrise to sunset  
**Size** .03 acres  
**Opened** March 2016  
**Amenities** 6 raised beds, benches, and water  
**Rentals** Rent a raised bed for \$5 per growing season or \$10 per year. Call 910.408.3092 or email [recreation@townofleland.com](mailto:recreation@townofleland.com) with questions.



Leland Cultural Arts Center

### Leland Cultural Arts Center (LCAC)

**Address** 1212 Magnolia Village Way  
**Hours** Monday – Thursday  
 9 AM – 9 PM  
 Friday & Saturday  
 9 AM – 3 PM  
 Check calendar or call for closures.  
**Size** 18,000 square feet  
**Opened** March 2015  
**Amenities** Gallery, multipurpose room, painting studio, pottery studio, stained glass studio, catering kitchen, dance studio, theatre with stage, and classroom  
**Rentals** To obtain a quote, please complete and submit a rental interest form on our website at [www.townofleland.com](http://www.townofleland.com). Rentals may be scheduled during closed hours. Call 910.385.9891 or email [lcac@townofleland.com](mailto:lcac@townofleland.com) with any questions.



**Cypress Cove Park**

**Address** 844 Appleton Way  
**Hours** Sunrise to sunset  
**Size** 1.2 acres of uplands  
**Opened** Spring 2014  
**Amenities** Canoe/kayak launch, floating dock, fishing deck, and fire pit  
**Rentals** Picnic tables are first come, first served. For questions or to rent the fire pit/event lawn, call 910.408.3092 or email recreation@townofleland.com.



**Westgate Nature Park**

**Address** 1260 West Gate Drive  
**Hours** Sunrise to sunset  
**Size** 150 acres of wetlands and uplands, current phase 3 acres  
**Opened** October 2013  
**Amenities** 0.3 mile paved trail, outdoor classroom, nature playground, picnic area, and lawn  
**Rentals** Picnic tables are first-come, first-served. For questions or to rent the event lawn, call 910.408.3092 or email recreation@townofleland.com.

**Future Sturgeon Creek Park**





SPECIAL EVENTS

Special Event Modification and Cancellation

In an abundance of caution, the Town of Leland has modified or canceled all special events through December 2020. Please stay connected through the Town's website and social media pages (see page 3) for updates on events and programs, as this is not a comprehensive list of offerings. The Town thanks the community for its understanding as the Town strives to keep everyone safe and healthy.

LCAC Virtual Open House

The LCAC's sixth annual Open House is going virtual! Get to know the instructors and their classes, watch demonstrations, and check out student artwork. Those who tune into the LCAC's social media pages on August 29 will get a registration coupon code available for use that day only.

Sat	Aug 29
Fee	Free



LCAC Open House

EXPERIENCE CHRISTMAS IN LELAND

Virtual LCAC Holiday Art Market

Don't miss this unique holiday event on the Leland Cultural Arts Center's social media pages! This juried virtual art market will feature handmade creations from incredible local artisans and makers. Artist applications will be accepted September 28 – October 23 on our website.

Sat	Dec 5	9 AM – 3 PM
Fee	Free	



Art market vendor Rhonda Jones

Leland in Lights

Kick off the most wonderful time of the year surrounded by the magic of lights!

Dec – Jan

Location	Founders Park
Fee	Free



Leland in Lights

Mug Madness

Join the LCAC in celebrating the many talented potters who take classes and work in our pottery studio. Stop by, shop for a new favorite mug, and enjoy some coffee, tea, or hot cocoa!

Fri	Feb 5	6 – 8 PM
Location	Leland Cultural Arts Center	
Fee	Free	

**Campfire at the Cove**

Bring the whole family to experience the simple things in life. Sit around the campfire, roast marshmallows for s'mores, and enjoy some quality time together.

**Sat Feb 27 4 – 6 PM**

Location Cypress Cove Park  
 Fee Free; Must Pre-register



Campfire at the Cove



Youth Arts Day

**LCAC Youth Arts Day**

Bring the entire family to the annual Youth Arts Day. This event features arts activities and live entertainment for children of all ages. The gallery will feature art by Brunswick County students and the winning gallery artist will be announced at the end of the day's festivities. This event is bound to be a blast!

**Sat Mar 27 9 AM – 12 PM**

Location Leland Cultural Arts Center  
 Fee Free



Youth Arts Day

**Art in the Park**

Art in the Park will be a fun-filled, art-centric day at Founders Park, featuring art vendors, entertainment, games, and much more!

**Sat Apr 10 1 – 7 PM**

Location Founders Park  
 Fee Free

**LCAC Gallery Exhibitions**

The Leland Cultural Arts Center hosts monthly gallery exhibitions featuring a variety of talented artists. Exhibitions listed below will include virtual gallery tours. Local artists are encouraged to submit artwork for the jurying process for LCAC's 2021 Art Exhibitions. Artist applications will be accepted August 29 – September 25 on our website.

- Sept Kari Feuer & Claire Clemmons
- Oct Coastal Carolina Pastel Painters
- Nov Dana Brown
- Dec Bri Mellott
- Jan LCAC Student Art Showcase
- Feb Janette K Hopper & Lincoln Morris



Staff hanging artwork in gallery

A LOOK AT PAST SPECIAL EVENTS



Trunk or Treat



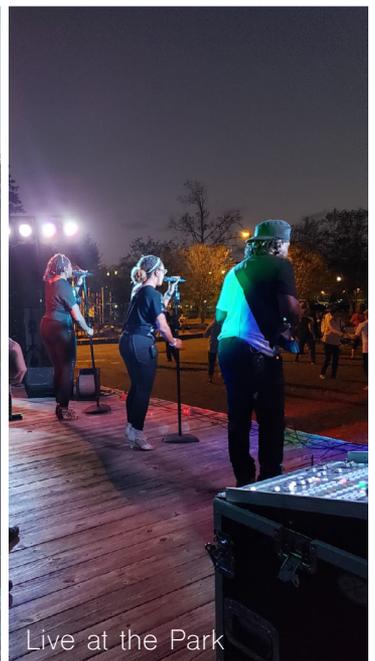
Boo Ball



Trunk or Treat



Movies in the Park



Live at the Park



Leland in Lights



Breakfast with Santa

experience  
*Christmas*

in Leland

December 2020

**Virtual Holiday  
Art Market**

Leland Cultural Arts Center  
Facebook & Instagram

See page 3 to get connected!

**Leland in Lights**

Founders Park



YOUTH ART

Homeschool Studio ●●●

This series, designed for homeschooled students, provides art-centric programming during school hours. Projects will include painting, drawing, ceramics, animation, and more. Sign up for one month or sign up for them all! Space is limited, so register early to secure a spot. Students will be grouped according to age. Supplies are included.

Ages	5 – 16		
Instructor	Multiple Art Teachers		
7598	Mon	Sept 21	10 AM – 12 PM
7599	Mon	Oct 19	10 AM – 12 PM
7600	Mon	Nov 16	10 AM – 12 PM
7601	Mon	Dec 14	10 AM – 12 PM
7602	Mon	Jan 25	10 AM – 12 PM
7603	Mon	Feb 15	10 AM – 12 PM
Fee	\$10		



Artwork by Homeschool Student

The Art of Making ●●●

Students will let their curiosity and imagination lead the way to create, invent, explore, and collaborate using a variety of materials and tools. Students will learn and experience the process of making. They will plan, design, and create projects from their own ideas or draw inspiration from weekly themes.

Ages	6 – 12		
Instructor	Kelly Rowe		
7516	Sat	Sept 19 – Oct 24	9:30 – 11 AM
7517	Sat	Nov 7 – Dec 19	9:30 – 11 AM
7518	Sat	Jan 9 – Feb 13	9:30 – 11 AM
✗ No class Nov 28			
Fee	\$60		

Intro to Clay ●●●

Where hands get muddy! This six-week class introduces students to all things clay. Basic handbuilding and wheel throwing techniques, as well as glazing, will be covered.

Ages	10 – 14		
Instructor	Claire Clemmons		
7594	Mon	Sept 14 – Oct 19	4 – 6 PM
7595	Mon	Nov 2 – Dec 14	4 – 6 PM
7596	Mon	Jan 4 – Feb 14	4 – 6 PM
✗ No class Nov 23 and Jan 18			
Fee	\$80		



Youth clay

Adventures in Acting ●●●

In this class, students will learn theater techniques, such as staging, pantomime, character development, and relaxation. They will develop poise and confidence by participating in theater games and acting. Students will perform monologues and dialogues which develop synchronization of thought, movement, and vocalization skills. The course will culminate in a production complete with costumes.

Ages	6 – 12		
Instructor	Ella Reischer		
7435	Wed	Oct 28 – Dec 16	5:30 – 6:30 PM
7436	Wed	Jan 6 – Feb 10	5:30 – 6:30 PM
✗ No Class Nov 11 and 25			
Fee	\$47		

Putting the Art in Language Arts ●●●

This course, taught by a speech-language pathologist and art teacher, will use literacy-related activities to create visually stunning works of art. Written material will be incorporated, which may manifest as mixed media. This course will improve the student's love of reading, and help them grow into a budding artist.

Ages	6 – 10		
Instructor	Jeanne Mullins		
7653	Thurs	Nov 5 – Dec 17	5 – 6:30 PM
✗ No class 26			
Fee	\$60		

YOUTH DANCE

Ballet and Tap ●●●

Students will learn foundational movements of ballet and tap. They will be introduced to the positions of the body, French terminology, musicality, and rhythm. Students will learn balance, motor skills, and coordination as they practice moving creatively through space. The semester includes a performance.

Age 3 – 5  
Instructor Tracie Rabalais

Semester 7629 Mon Sept 14 – Dec 14 4:30 – 5 PM

✗ No Class Nov 23

Fee \$100

6-Week Class 7630 Mon Jan 4 – Feb 15 4:30 – 5 PM

✗ No Class Jan 18

Fee \$42



Youth Ballet

Ballet, Tap & Jazz ●●●

This course will introduce ballet, tap, jazz, and contemporary dance through barre exercises, stretching, center work, and across-the-floor combinations. Students will learn basic French terminology of ballet, positions of the body, and foundational movement for dance. The semester includes a performance.

Age 6 – 8  
Instructor Tracie Rabalais

Semester 7631 Mon Sept 14 – Dec 14 5 – 5:45 PM

✗ No Class Nov 23

Fee \$100

6-Week Class 7632 Mon Jan 4 – Feb 15 5 – 5:45 PM

✗ No Class Jan 18

Fee \$42

PRIVATE LESSONS

Private Ballet Lessons ●●●

In these 30-minute private and semi-private lesson, students will have the opportunity to clarify technique and ask for special attention to their own preferences. Lessons can be taken as a supplement to Ballet Choreography, Introduction to Ballet, or independently. Participants must email the instructor at pamisdancing@yahoo.com to schedule an appointment.

Ages 16 +  
Instructor Pam Brown  
Fri 1 – 3 PM  
Fee \$12 per half-hour session

Private Piano Lessons ●●●

Students of all ages will learn the fundamentals of the piano and basic music theory. At-home practice is strongly encouraged but assigned with consideration for busy family lives. Participants must email the instructor at larzscape@gmail.com to schedule an appointment.

Ages 5 +  
Instructor Larry McLendon  
Tues or Wed Sept 1 – Oct 21 3 – 8 PM  
Tues or Wed Oct 27 – Dec 16 3 – 8 PM  
Tues or Wed Jan 5 – Feb 24 3 – 8 PM  
Fee \$200 per 8 half-hour sessions  
\$300 per 8 45-minute sessions  
Supplies Book will be purchased from instructor

Private Ballroom Lessons ●●●

Students will learn and develop all the dance steps needed to get out on the dance floor and enjoy themselves in private and semiprivate lessons. Each participant needs a partner and both must register. Participants must email the instructor at mtrem3@gmail.com to schedule an appointment.

Ages 16 +  
Instructor Marilee Tremlett  
Thurs 3:30 – 5:30 PM  
Thurs 6:30 – 8:30 PM  
Fee \$60 per person for 3 one-hour sessions

PROGRAM & EVENT NOTICE

Please note that all programs and events in this issue of the CAPE are subject to change or to be modified due to weather, public health concerns, and other executive orders. See page 3 for more info.

**PARKS AND RECREATION PROGRAMS**

**Birding in Brunswick** ●●●

This fun and educational birding series is back! First-time birders can learn about birds in the area and how to use birding equipment in Birding 101 (7405). More experienced birders can choose from a walk in one of Leland's parks to get their feet wet with Birding 102 (7406) or a field site visit with Birding 103 (7407), taking a look at birds in a wilder setting. Sign up for one session or take the whole series!

Instructor	Jill Peleuses		
7405	Tues	Oct 6	8:30 – 10 AM
7406	Tues	Oct 27	8:30 – 10 AM
7407	Tues	Nov 10	8:30 – 10 AM
Location	TBD/Leland Parks		
Resident Fee	\$12		
Non-resident Fee	\$20		

**Tree Pruning Workshop** ●●●

Winter is tree pruning season! Learn from Brunswick County Cooperative Extension Master Gardeners how to get trees and shrubs in their best shape.

7404	Sat	Jan 23	9 AM – 12 PM
Location	Leland Town Hall		
Resident Fee	\$10		
Non-resident Fee	\$15		

**Disc Golf 101** ●

Learn how to play disc golf on our local course at Founders Park. Participants will get an introduction to the sport, which is great for kids and beginners! To register for this program, visit [www.townofleland.com](http://www.townofleland.com).

Mon	Aug 17	7 PM
Wed	Oct 7	7 PM
Location	Founders Park	
Fee	Free	



Disc golf at Founders Park

□ Workshop

**KAYAK ADVENTURES**



Kayaking at Cypress Cove Park

**Masonboro Island** ●●●

Masonboro is a pristine coastal island that is only accessible by boat. After paddling to the island, participants will get a chance to experience coastal wildlife in its natural setting while exploring the island's unspoiled beaches.

Instructor	Don Harty		
7401	Fri	Sept 18	8:30 AM – 12 PM
Location	Trails End Park		
Fee	\$45		

**Eagles Island** ●●●

Eagles Island, which lies in the confluence of the Cape Fear and Brunswick rivers, is just minutes away from downtown Leland and offers a great chance to view wildlife in their natural habitat.

Instructor	Don Harty		
7402	Wed	Oct 14	8:30 AM – 12 PM
Location	Brunswick Riverwalk Park		
Fee	\$45		

**Three Sisters Swamp** ●●●

The beautiful and ancient section of the Black River where the Three Sisters Swamp lies contains 2000-year-old bald cypress, along with flora and fauna unique to this area. This peaceful but challenging 12-mile paddle is on the must-do list for many experienced kayakers.

Instructor	Don Harty		
7403	Fri	Oct 30	8 AM – 3 PM
Location	Kelly, NC		
Fee	\$90		
Own Kayak Fee	\$70		



Kayak Adventures

**FALL INTO DIY**

**Paint Pouring** ●●●

Kicking off the Fall into DIY series outdoors by playing with paint! Participants will learn acrylic paint pouring to create unique, organic, and colorful paintings no brushes required!

7397    Tues        Sept 22        6 – 7:30 PM

Location	Founders Park
Resident Fee	\$12
Non-resident Fee	\$20

**Clay Bead Jewelry** ●●●

Participants will make and bake their own clay beads to turn into modern necklaces and earrings!

7398    Tues        Oct 6        7 – 8:30 PM

Location	LCAC
Resident Fee	\$12
Non-resident Fee	\$20

**Burlap Wreaths** ●●●

Just in time for the holidays, the DIY series keeps going with beautiful burlap wreaths. These fun-to-make wreaths are a great base for holiday wreaths of all kinds. Add a colorful bow and a few decorations and it's ready to grace front doors for the whole season!

7399    Tues        Oct 20        7 – 8 PM

Location	TBD
Resident Fee	\$12
Non-resident Fee	\$20

**Wooden Bead Necklaces** ●●●

Participants will make simple but chic wooden bead necklaces! These easy DIY projects will make a great addition to any wardrobe or to give as sweet gifts!

7400    Tues        Nov 10        7 – 8 PM

Location	LCAC
Resident Fee	\$12
Non-resident Fee	\$20

**PROGRAM & EVENT NOTICE**

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FIND YOUR FIT

**Dancersize** ●●●

Dancersize is designed to meet the needs of participants who desire a low impact yet vigorous dance workout without complicated dance sequences. This fun dance workout accommodates various fitness and skill levels.

Instructor	Joy Cranidiotis		
7409	Sat	Sept 19 – Oct 24	9:30 – 10:30 AM
7410	Sat	Nov 7 – Dec 19	9:30 – 10:30 AM
7411	Sat	Jan 9 – Feb 13	9:30 – 10:30 AM

✗ No class Nov 28

Resident Fee	\$40
Non-Resident Fee	\$50

**Zumba** ●●●

Zumba combines both Latin and international music with a fun and effective workout system. This class mixes low-intensity and high-intensity dance moves for an interval-style, calorie-burning dance party. Elements of dance fitness are combined including cardio, muscle conditioning, balance, flexibility, and boosted energy.

Instructor	Tracie Rabalais		
7636	Mon	Sept 14 – Oct 19	6 – 7 PM
7637	Mon	Nov 2 – Dec 14	6 – 7 PM
7638	Mon	Jan 4 – Feb 15	6 – 7 PM

✗ No class Nov 23 and Jan 18

Resident Fee	\$50
Non-Resident Fee	\$60

**Zumba in the Park** ●●●

Get outdoors and enjoy Zumba at Founders Park! This dance fitness party is an excellent cardio and muscle conditioning workout. Register for classes individually or all three together!

Instructor	Tracie Rabalais		
7660	Thurs	Oct 29	6 – 7 PM
7661	Thurs	Nov 5	6 – 7 PM
7662	Thurs	Nov 12	6 – 7 PM

Location	Founders Park
Resident Fee	\$5
Non-Resident Fee	\$7

7663 All 3 classes

Resident Fee	\$13
Non-Resident Fee	\$18

**Barre Fitness** ●●●

This class combines ballet inspired moves with elements of Pilates, yoga, dance, and strength training. The small isometric muscle movements used during barre class build muscle strength without putting a strain on ligaments and tendons like other fitness training methods can. This class will improve balance, build strength and flexibility, burn calories, and improve stability through a stronger core.

Instructor	Tracie Rabalais		
7633	Mon	Sept 14 – Oct 19	7 – 8 PM
7634	Mon	Nov 2 – Dec 14	7 – 8 PM
7635	Mon	Jan 4 – Feb 15	7 – 8 PM

✗ No class Nov 23 and Jan 18

Resident Fee	\$50
Non-Resident Fee	\$60

**Find Your Fit Running** ●

Whether brand new to running or coming back after time away, this coached walk-to-run program will get you moving! This program meets twice a week to work out as a team. By the end of ten weeks, participants will be feeling stronger and running longer! Participants should be able to walk for 30 minutes before beginning this program and should consult their doctor before beginning this or any exercise program.

7467	Tues/Thurs	Jan 5 – Mar 11	5:30 – 6:30 PM
7678	Mon/Thurs	Sept 14 – Nov 12	5:30 – 6:30 PM

Location	Founders Park
Resident Fee	\$30
Non-resident Fee	\$50



Running in Founders Park

## YOGA

### Optional Yoga Supplies

Shared studio equipment will not be available for use due to public health concerns. Students are encouraged to bring their own equipment.

### Gentle Yoga & Weights ●●●

Gently strengthen and relax with revitalizing yoga poses and simple breathing techniques. Utilizing 1- to 3-pound hand weights, this practice introduces strength-building not found in traditional "gentle" classes. Combining yoga with weights and other props, students will safely take their practice to the next level as they build muscle, increase flexibility, and breath capacity.

Instructor Nancy Smith

7509	Thurs	Sept 17 – Oct 22	1 – 2 PM
7510	Thurs	Nov 5 – Dec 17	1 – 2 PM
7511	Thurs	Jan 7 – Feb 11	1 – 2 PM

✗ No class Nov 26

Resident Fee	\$50
Non-Resident Fee	\$60
Supplies	Yoga mat & water

### Gentle Yoga in the Park ●●●

This class offers gentle yoga exploration in an open-air setting. Students will gently strengthen and relax with revitalizing yoga poses and simple breathing techniques. Register for classes individually or all three together!

Instructor Nancy Smith

7665	Thurs	Oct 1	9 – 10 AM
7666	Thurs	Oct 8	9 – 10 AM
7667	Thurs	Oct 15	9 – 10 AM

Location Founders Park

Resident Fee	\$5
Non-Resident Fee	\$7

7668 All 3 classes

Resident Fee	\$13
Non-Resident Fee	\$18
Supplies	Yoga mat & water



### Basic Yoga ●●●

This class alternates between holding postures and a gentle accessible flow, sometimes using optional 2- to 3-pound hand weights. Cueing encourages accessibility for all.

Instructor Patti Oliviero ERYT200/RYT500

7564	Mon	Sept 14 – Oct 19	10 – 11 AM
7565	Mon	Nov 2 – Dec 14	10 – 11 AM
7566	Mon	Jan 4 – Feb 15	10 – 11 AM
7567	Tues	Sept 15 – Oct 20	7:15 – 8:15 PM
7568	Tues	Nov 3 – Dec 14	7:15 – 8:15 PM
7569	Tues	Jan 5 – Feb 9	7:15 – 8:15 PM
7570	Wed	Sept 16 – Oct 21	10 – 11 AM
7571	Wed	Oct 28 – Dec 15	10 – 11 AM
7572	Wed	Jan 6 – Feb 10	10 – 11 AM

✗ No class Nov 11, 23, 24, 25 and Jan 18

Resident Fee	\$50
Non-Resident Fee	\$60
Supplies	Yoga mat & water

### Vinyasa Flow Yoga Level 1 and 2 ●●●

This class unites breath with sun salutations and fluid movement between postures. Limited modifications and alignment cues will be offered.

Instructor Patti Oliviero ERYT200/RYT500

7574	Tues	Sept 15 – Oct 20	6 – 7 PM
7575	Tues	Nov 3 – Dec 15	6 – 7 PM
7576	Tues	Jan 5 – Feb 9	6 – 7 PM

✗ No class Nov 24

Resident Fee	\$50
Non-Resident Fee	\$60
Supplies	Yoga mat & water

### Restorative Yoga with Yoga Nidra ●●●

Participants come into stillness through passive stretching during a guided meditation, encouraging a sense of calm and relaxation while lowering cortisol and boosting the immune system.

Instructor Patti Oliviero ERYT200/RYT500

7578	Tues	Oct 27	6 – 7 PM
7579	Tues	Feb 16	6 – 7 PM

Resident Fee	\$8
Non-Resident Fee	\$10
Supplies	Yoga Mat, yoga blanket, two yoga blocks, & water

Online Registration for programs in this CAPE begins at 9 AM on August 1, 2020.

**Yoga Sculpt** ●●●

Yoga Sculpt incorporates 1- to 5-pound hand weights and low to high-intensity cardio bursts for maximum calorie-burning effect. Hand weights and repetitions add a new challenge to yoga asana (poses). Yoga Sculpt also incorporates resistance and stamina exercises to get your heart pumping and your blood flowing.

Instructor	Nancy Smith		
7512	Fri	Sept 18 – Oct 23	11:15 AM – 12:15 PM
7513	Fri	Nov 6 – Dec 18	11:15 AM – 12:15 PM
7514	Fri	Jan 8 – Feb 12	11:15 AM – 12:15 PM

✗ No class Nov 27

Resident Fee	\$50
Non-Resident Fee	\$60
Supplies	Yoga mat & water

**Yoga and the True Nature of Health** ●●●□

Through asana (yoga poses) and pranayama (breathing) practices you can purify and understand your body and mind. During this three-day weekend workshop, students will explore how to practice asana to attain physical good health and relaxation of mind. More details and registration available on Eventbrite.

Instructor	Colleen Gallagher		
	Certified Senior Intermediate Iyengar Yoga Instructor		

Fri	Sept 25	1 – 4 PM
Sat	Sept 26	9 AM – 3:30 PM
Sun	Sept 27	9:30 AM – 12 PM

Fee	\$200 (Eventbrite)
Supplies	Yoga mat

**ARTIST DEVELOPMENT**

**Social Media for Artists** ●●●□

Social media is a top tool for many artists. Students will learn how to share their work with a larger audience, promote their business, and connect with the creative community. Experienced artists will discuss tips and tricks and answer questions about platforms, posts, and engagement.

7656	Tues	Oct 6	6 PM – 7:30 PM
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Resident Fee	\$15
Non-Resident Fee	\$20

**PROGRAM & EVENT NOTICE**

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**Photographing Your Work** ●●●□

Good quality photos are essential to creating a website, online shop, or applying to gallery shows and markets. This workshop will cover the essentials of staging, lighting, equipment, and more!

7657	Sat	Nov 14	10 AM – 11:30 AM
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Resident Fee	\$15
Non-Resident Fee	\$20

**Art Market 101** ●●●□

In this workshop, veteran art market vendors will discuss some of the basics including the application process and accepting payment as well as some insider tips on eye-catching displays and customer interaction. It's all about preparation and these pros are in the know!

7658	Tues	Jan 26	6 PM – 7:30 PM
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Resident Fee	\$15
Non-Resident Fee	\$20



Holiday Art Market

**ART EDUCATION**

**Art All Around You** ●

This fun six-week course is an exploration of visual art forms and their cultural connections. It includes a brief study of art history and the elements, media, and methods used in creative visual processes and thought.

Instructor	Stephen Wozniak		
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7650	Tues	Sept 15 – Oct 20	6 – 8 PM
7651	Tues	Nov 3 – Dec 15	6 – 8 PM
7652	Tues	Jan 5 – Feb 9	6 – 8 PM

✗ No class Nov 24

Resident Fee	\$100
Non-Resident Fee	\$110

## BASKET WEAVING

### Basket Weaving Supply Fee

For all basket weaving classes, tools will be provided for classroom use. The supply fee is paid to the instructor on the first day of the program for basket materials. Additional time outside of class may be needed to complete all projects.

### Adventures of Basket Weaving I ●●●

This course introduces students to basket weaving, using both flat and round reed to complete the projects. As students weave three baskets, they will learn terminology and basic techniques of this heirloom craft.

Instructor Pam Milat  
**7604** Tues Sept 15 – Oct 20 9 AM – 1 PM  
 Resident Fee \$82  
 Non-Resident Fee \$92  
 Supply Fee \$90

### Adventures of Basket Weaving II ●●●

This course expands students' knowledge of basket weaving techniques and the use of color to complete three baskets. Students will learn an additional method of lashing and weaving with different materials.

Instructor Pam Milat  
**7605** Tues Nov 3 – Dec 15 9 AM – 1 PM  
 ✗ No class Nov 24  
 Resident \$82  
 Non-Resident Fee \$92  
 Supply Fee \$100



Basket weaving materials

### Adventures of Basket Weaving III ●

This course continues to expand the students' knowledge of basket weaving techniques and the use of color to complete three baskets. Students will use various decorative techniques while weaving with different materials.

Instructor Pam Milat  
**7606** Tues Jan 5 – Feb 16 9 AM – 1 PM  
 ✗ No class Feb 2  
 Resident Fee \$82  
 Non-Resident Fee \$92  
 Supply Fee \$110

### Adventures of Basket Weaving IV ●

This course further expands the students' knowledge of basket weaving techniques and the use of color to complete three new baskets. Students will continue to weave with a variety of materials.

Instructor Pam Milat  
**7607** Wed Sept 16 – Oct 21 9 AM – 12:30 PM  
 Resident Fee \$82  
 Non-Resident Fee \$92  
 Supply Fee \$110

### Adventures of Basket Weaving V ●

This course expands upon the basket weaving techniques taught in I, II, III, and IV to complete three baskets. Students will weave using color, various decorative techniques, and a variety of materials.

Instructor Pam Milat  
**7609** Mon Sept 14 – Oct 19 4:30 – 8:30 PM  
**7610** Wed Jan 6 – Feb 17 9 AM – 12:30 PM  
 ✗ No class Feb 3  
 Resident Fee \$82  
 Non-Resident Fee \$92  
 Supply Fee \$110

### Racy Ribs – Making Rib Baskets ●

This course will introduce students to the challenge of weaving rib baskets. Students will weave three baskets of different sizes and shapes using this technique.

Instructor Pam Milat  
**7611** Mon Sept 14 – Oct 19 12:30 – 4 PM  
 Resident Fee \$82  
 Non-Resident Fee \$92  
 Supply Fee \$120



Basket weaving

**Catty Cats – Explore the Cathead Technique ●**

This course will introduce students to weaving cathead baskets. Students will complete three baskets of different sizes and shapes using this technique. The focus of this course will be on shaping.

Instructor Pam Milat  
 7614 Mon Jan 4 – Feb 22 12:30 – 4 PM

✗ No class Jan 18 and Feb 1

Resident Fee \$82  
 Non-Resident Fee \$92  
 Supply Fee \$110

**Adventures of Double Walls ●**

This course will introduce students to the double wall basket weaving technique to complete three baskets. Students will weave using color, various decorative techniques, and a variety of materials.

Instructor Pam Milat  
 7616 Wed Oct 28 – Dec 16 9 AM – 12:30 PM  
 7617 Mon Jan 4 – Feb 22 4:30 – 8:30 PM

✗ No class Nov 11, 25, Jan 18, and Feb 1

Resident Fee \$82  
 Non-Resident Fee \$92  
 Supply Fee \$110

**CERAMICS/POTTERY**

**Ceramics/Pottery Class Supply Fee**

Bring your own clay tools or purchase a tool kit at the LCAC for \$20 + tax. Clay must be purchased at the LCAC and is \$20 + tax per 25-pound bag. A variety of clays are available.

**Ceramics/Pottery Open Studio**

While enrolled in a ceramics course at the LCAC, participants may use the pottery studios during hours of operation outside of scheduled class times.

**Open Studio Monthly Pass**

Completion of a ceramics course along with LCAC instructor approval allows adult participants to purchase an Open Studio Pass. Open Studio Pass holders may use the pottery facilities during regular hours of operation outside of scheduled class times. Pass holders must comply with all LCAC rules to continue membership on a monthly basis.

Resident Fee \$60  
 Non-Resident Fee \$70

**Teasing Twills ●●●**

This course will introduce students to the challenge of weaving twills. Students will weave three baskets, both square and round, with the twill technique. The focus of this course will be on shaping.

Instructor Pam Milat  
 7612 Mon Nov 2 – Dec 14 4:30 – 8:30 PM

✗ No class Nov 23

Resident Fee \$82  
 Non-Resident Fee \$92  
 Supply Fee \$110

**Native American Designs ●**

This course will embrace the Native American influence on basket weaving. Three baskets will be woven incorporating one or more of the Cherokee designs.

Instructor Pam Milat  
 7613 Mon Nov 2 – Dec 14 12:30 – 4 PM

✗ No class Nov 23

Resident Fee \$82  
 Non-Resident Fee \$92  
 Supply Fee \$120

# ADULT CULTURAL ARTS

## Wheel Throwing ●●

This course introduces participants to the basics of throwing pottery and provides an understanding of ceramic terms, processes, and knowledge needed to use the pottery studio safely and independently. Topics include centering clay, throwing basic forms, making handles, and glazing. Sessions include demonstrations and practice time under the guidance of the instructor.

Instructor Claire Clemmons

7477	Wed	Sept 16 – Oct 21	2 – 5 PM
7478	Wed	Oct 28 – Dec 16	2 – 5 PM
7479	Wed	Jan 6 – Feb 10	2 – 5 PM

✗ No class Nov 11 and 25

Instructor Ryan McFall

7581	Wed	Sept 16 – Oct 21	5:45 – 8:45 PM
7582	Wed	Oct 28 – Dec 16	5:45 – 8:45 PM
7583	Wed	Jan 6 – Feb 10	5:45 – 8:45 PM

✗ No class Nov 11 and 25

Instructor Lincoln Morris

7469	Fri	Sept 18 – Oct 23	10 AM – 1 PM
7470	Fri	Nov 6 – Dec 18	10 AM – 1 PM
7471	Fri	Jan 8 – Feb 12	10 AM – 1 PM

✗ No class Nov 27

Resident Fee	\$130
Non-Resident Fee	\$140
Supply Fee	Refer to page 21

## Continuing Wheel Throwing ●●●

This course will broaden students' knowledge of wheel throwing and further refine their skills. Participants with basic understanding of wheel throwing will continue to learn about ceramic terms, processes, and knowledge. Sessions will include demonstrations and practice time under the guidance of the instructor.

Instructor Lincoln Morris

7473	Tues	Sept 15 – Oct 20	10 AM – 1 PM
7474	Tues	Nov 3 – Dec 15	10 AM – 1 PM
7475	Tues	Jan 5 – Feb 9	10 AM – 1 PM

✗ No class Nov 24

Instructor Ryan McFall

7585	Thurs	Sept 17 – Oct 22	5:45 – 8:45 PM
7586	Thurs	Nov 5 – Dec 17	5:45 – 8:45 PM
7587	Thurs	Jan 7 – Feb 11	5:45 – 8:45 PM

✗ No class Nov 26

Resident Fee	\$130
Non-Resident Fee	\$140
Supply Fee	Refer to page 21



Wheel Throwing

## Handbuilding ●●●

This class focuses on functional forms and craftsmanship. The fundamentals of pinch, coil, and slab forming methods will be demonstrated. Beginners will practice all forming methods by creating simple forms. Project suggestions will be presented to students. Independent projects and sculpturally inspired functional forms are encouraged.

Instructor John Hebert

7623	Mon	Sept 14 – Oct 19	5:45 – 8:45 PM
7624	Mon	Nov 2 – Dec 14	5:45 – 8:45 PM
7625	Mon	Jan 4 – Feb 15	5:45 – 8:45 PM

✗ No class Nov 23 and Jan 18

Instructor YiFenn Strickland

7549	Tues	Sept 15 – Oct 20	10 AM – 1 PM
7550	Tues	Nov 3 – Dec 15	10 AM – 1 PM
7551	Tues	Jan 5 – Feb 9	10 AM – 1 PM

✗ No class Nov 24

Resident Fee	\$130
Non-Resident Fee	\$140
Supply Fee	See list on receipt or online

## Surface Design Techniques ●●

This class requires a working knowledge of clay and both handbuilders and wheel throwers are welcome. Surface design techniques covered include carving, sgraffito, mishima, resist design, water edging, brush work, majolica, slip design, mocha diffusion, and terra sigillata. Students may practice all techniques or choose a few for focused studies. The supply fee is paid to instructor on the first day of class.

Instructor YiFenn Strickland

7546	Wed	Sept 16 – Oct 21	10 AM – 1 PM
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Resident Fee	\$130
Non-Resident Fee	\$140
Supply Fee	\$20 plus list on receipt or online



Glaze tiles

**Glaze Exploration ●●**

Glazing can be intimidating. Students will learn to develop and discover new glazes based on available studio glazes. Students will be introduced to ceramic glaze fundamentals and various methods of glaze testing and perform volumetric line blend and tri-axial blend testing. Glaze application methods will be demonstrated. Supply fee paid to instructor on the first day of class.

Instructor	YiFenn Strickland
7547	Wed Jan 6 – Feb 10 10 AM – 1 PM
Resident Fee	\$130
Non-Resident Fee	\$140
Supply Fee	\$20 plus list on receipt or online

**Focused Studies – Forms & Surfaces ●**

This class is for students who are interested in in-depth studies of hand forming and surface design techniques. One area of interest will be covered in each session. Prerequisite classes are Handbuilding and Surface Design Techniques.

Instructor	YiFenn Strickland
7463	Wed Oct 28 – Dec 16 10 AM – 1 PM
✗ No Class Nov 11 and 25	
Resident Fee	\$130
Non-Resident Fee	\$140
Supply Fee	See list on receipt or online

**Advanced Independent Pottery ●**

Advanced students should come to class with their own creative ideas and be prepared to work independently as there are no formal lessons provided in this course. The instructor will provide guidance and demonstrate techniques upon student request. This is a mixed handbuilding and wheel throwing course.

Instructor	Lincoln Morris
7543	Thurs Sept 17 – Oct 22 10 AM – 1 PM
7544	Thurs Nov 5 – Dec 17 10 AM – 1 PM
7545	Thurs Jan 7 – Feb 11 10 AM – 1 PM
✗ No class Nov 26	
Resident Fee	\$130
Non-Resident Fee	\$140
Supply Fee	Refer to page 21

**Throwing Big with Lincoln ●□**

In this two-part workshop, students will learn to throw large pots using thrown coil technique during the first Saturday. Students return a few weeks later for a glaze spraying class to finish their pots. Students must be able to center 10 pounds of clay. A heat gun and 25 pounds of clay are required.

Instructor	Lincoln Morris
7461	Sat Oct. 17 9 AM – 3 PM
	Nov. 14 9 AM – 12 PM
7462	Sat Jan. 16 9 AM – 3 PM
	Feb. 13 9 AM – 12 PM
Resident Fee	\$100
Non-Resident Fee	\$110
Supply Fee	Refer to page 21



Pieces ready to be fired

## DRAWING

### Beginning Drawing ●

Learn basic techniques that will help create realistic drawings. Techniques covered will include use of line, positive and negative space, proportions, and perspective. The overall approach is drawing from observation. A solid foundation of the art elements and principles of design will enable participants to learn how to draw with ease.

Instructor Sarah Jones

7553 Wed Sept 16 – Oct 21 2 – 4:30 PM  
 7554 Wed Jan 6 – Feb 10 2 – 4:30 PM

Instructor Trey Moore

7555 Mon Nov 2 – Dec 14 6 – 8:30 PM

✗ No class Nov 23

Resident Fee \$135  
 Non-Resident Fee \$145  
 Supplies See list on receipt or online

### Continuing Drawing ●●

This class is for students who have taken a beginning drawing class and want to continue to develop drawing skills. Learn to add value, shape, and form in the creation of realistic looking drawings in this class that includes an emphasis on composition. Students will continue to practice and refine basic drawing techniques.

Instructor Sarah Jones

7556 Wed Oct 28 – Dec 16 2 – 4:30 PM

✗ No class Nov 11 and 25

Instructor Trey Moore

7557 Mon Jan 4 – Feb 15 6 – 8:30 PM

✗ No class Jan 18

Resident Fee \$135  
 Non-Resident Fee \$145  
 Supplies See list on



Instructor Sarah Jones

## PAINTING

### Painting Open Studio

While enrolled in a painting course at the LCAC, participants may use the painting room during hours of operation outside of scheduled class times.

### Open Studio Monthly Pass

Completion of a painting course along with LCAC instructor approval allows adult participants to purchase an Open Studio Pass. Open Studio Pass holders may use the painting studio during regular hours of operation outside of scheduled class times. Pass holders must comply with all LCAC rules to continue membership on a monthly basis.

Resident Fee \$50  
 Non-Resident Fee \$60

### Beginning Acrylic Painting ●

Learn the basics of color and composition using acrylic paint. Students should come with basic drawing skills and reference ideas for paintings. Still life, landscape, and the figure are all welcome. The elements and principles of design are introduced and reinforced throughout this foundational painting course.

Instructor Sarah Jones

7559 Mon Sept 14 – Oct 19 2 – 4:30 PM  
 7560 Mon Jan 4 – Feb 15 2 – 4:30 PM

✗ No class Jan 18

Instructor Trey Moore

7561 Mon Sept 14 – Oct 19 6 – 8:30 PM

Resident Fee \$135  
 Non-Resident Fee \$145  
 Supplies See list on receipt or online

### Continuing Acrylic Painting ●●

This class is designed for students who have some experience in the basic skills of acrylic painting and want to take their artwork to the next level. Prior drawing experience is suggested, and participants will work from their own photographs. Individual instruction and feedback will be given to each student.

Instructor Sarah Jones

7562 Mon Nov 2 – Dec 14 2 – 4:30 PM

✗ No class Nov 23

Resident Fee \$135  
 Non-Resident Fee \$145  
 Supplies See list on receipt or online

**Beginning Watercolor Painting** ●

This class starts with the basics of watercolor painting and covers topics including positive and negative space, the value scale, wet on dry and wet on wet techniques, and creating washes. Students will work from assigned subjects as well as from photos and sketches of their choice. Find out how fun watercolor can be!

Instructor	Ronald Williams		
7420	Wed	Sept 16 – Oct 21	10 AM – 12:30 PM
7421	Wed	Oct 28 – Dec 16	10 AM – 12:30 PM
7422	Wed	Jan 6 – Feb 10	10 AM – 12:30 PM

✗ No class Nov 11 and 25

Resident Fee	\$135
Non-Resident Fee	\$145
Supplies	See list on receipt or online

**Continuing Watercolor Painting** ●●

This class is for students with some watercolor experience. Students will be working from their own sketches and chosen subject matter that can include landscapes, seascapes, and architecture. This class covers all the techniques needed to create a one-of-a-kind watercolor painting!

Instructor	Ronald Williams		
7424	Thurs	Sept 17 – Oct 22	10 AM – 12:30 PM
7425	Thurs	Nov 5 – Dec 17	10 AM – 12:30 PM
7426	Thurs	Jan 7 – Feb 11	10 AM – 12:30 PM

✗ No class Nov 26

Resident Fee	\$135
Non-Resident Fee	\$145
Supplies	See list on receipt or online

**Beginning Plein Air Watercolor Painting** ●

In this class, students will learn basic methods of en plein air (French for “outdoors”) watercolor painting, and will receive instruction in the techniques of loose sketching, painting efficiently under time constraints, and matching value to color. Subjects are to include both landscapes and cityscapes, and the majority of classes will be held outdoors (weather permitting).

Instructor	Zachary Duff		
7465	Sat	Sept 19 – Oct 24	12 – 3:00 PM
7466	Sat	Nov 7 – Dec 19	12 – 3:00 PM

✗ No class Nov 28

Resident Fee	\$135
Non-Resident Fee	\$145
Supplies	See list on receipt or online

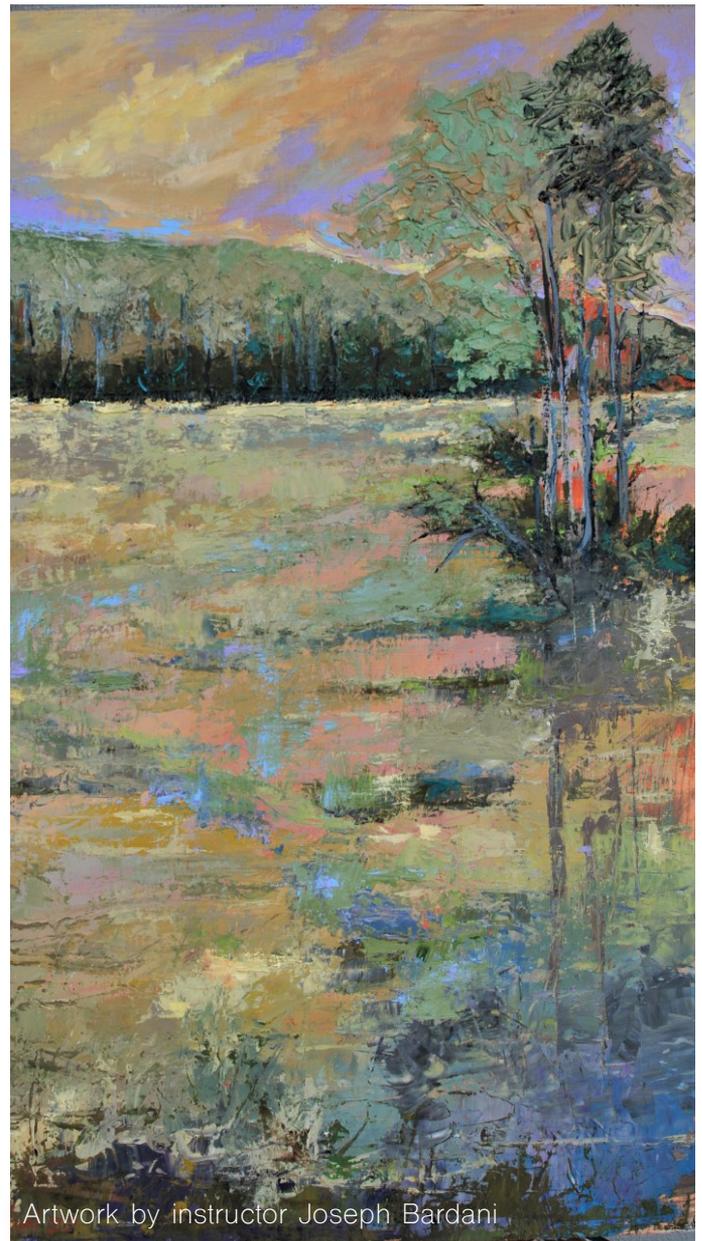
**Impressionist Painting** ●●

This course teaches students how to paint in the Impressionist style. The limited palette and various color wheels will be covered. There will be brief lessons in perspective and palette knife painting. Students should be familiar with basic painting techniques. This course is focused on the completion of professional, high-quality paintings.

Instructor	Joseph Bardani		
7428	Mon	Sept 14 – Oct 19	9:30 AM – 12:30 PM
7429	Mon	Nov 2 – Dec 14	9:30 AM – 12:30 PM
7430	Mon	Jan 4 – Feb 15	9:30 AM – 12:30 PM

✗ No class Nov 23 and Jan 18

Resident Fee	\$150
Non-Resident Fee	\$160
Supplies	See list on receipt or online



Artwork by instructor Joseph Bardani

## Painting the Imagined Landscape ●●●

Students will paint from their own sketches or photographs, with special emphasis on color, composition, and texture with less emphasis on rendering specific detail. The instructor nudges students toward expanding their horizons while focusing on their individual skills and goals. Students will paint with large brushes and palette knives in their choice of oils or acrylics.

Instructor	Kari Feuer		
7589	Fri	Sept 18 – Oct 23	9:30 AM – 12:30 PM
7590	Fri	Jan 8 – Feb 12	9:30 AM – 12:30 PM
Resident Fee	\$150		
Non-Resident Fee	\$160		
Supplies	See list on receipt or online		

## Rendering in Colored Pencil ●●●

Create rich, vibrant colored paintings with colored pencils. This class will emphasize the introduction of colored pencils at a beginner level to create realistic paintings. Drawing skills are helpful but not necessary.

Instructor	Glenn Davis		
7457	Tues	Sept 15 – Oct 21	10 AM – 1 PM
7458	Tues	Nov 3 – Dec 15	10 AM – 1 PM
7459	Tues	Jan 5 – Feb 9	10 AM – 1 PM

✗ No class November 24

Resident Fee	\$135
Non-Resident Fee	\$145
Supply Rental Fee	\$25



Artwork by instructor Glenn Davis



Artwork by instructor Kari Feuer

## Pastel Painting ●●●

Explore the wonder that is pastel painting. This class focuses on still life, figures, and landscapes. Students will learn to paint what they see and grow as artists. Learn about color while working from still life set-ups, fabrics, and photographs.

Instructor	Jeri Greenberg, PSA IAPS-MC	
7655	Wed	Jan 6 – Feb 10 5:30 – 8:30 PM
Resident Fee	\$150	
Non-Resident Fee	\$160	
Supplies	See list on receipt or online	

## Oil Painting Still Life and Florals ●●

Students will improve their artistic skills and technique through painting from still life and floral set-ups in the classroom. There will be a focus on composition skills, color mixing, understanding form, light, and shadow, and how to use a variety of brushstrokes. The class will paint in the Alla Prima method with oils.

Instructor	Chris Bloom	
7654	Tues	Jan 5 – Feb 9 2 – 5 PM
Resident Fee	\$150	
Non-Resident Fee	\$160	
Supplies	See list on receipt or online	

### PROGRAM & EVENT NOTICE

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**Different Strokes** ●●●

This is a multi-media class for those who like to dabble in crafts. Students will learn different techniques while working with acrylic paint on various surfaces such as glass, wood, canvas, and paper.

Instructor Dana Endresen

7520	Thurs	Sept 17 – Oct 22	1:30 – 4:30 PM
7521	Thurs	Nov 5 – Dec 17	1:30 – 4:30 PM
7522	Thurs	Jan 7 – Feb 11	1:30 – 4:30 PM

✗ No Class Nov 26

Resident Fee	\$100
Non-Resident Fee	\$110
Supply Fee	\$30

**PAINTING WORKSHOPS**

**Abstract Painting Workshops** ●●●□

In these workshops, painters will find their way into abstract painting by working through the basic fundamentals of making art. Students will begin with spontaneous temporary paintings then paint expressively on a larger format. Painters can take either or both workshops using them as building blocks for abstract painting or as non-objective exercises to improve their representational work.

**Values and Mark-Making for Abstract Painting**

Infuse paintings with marks, texture, rhythm, and gesture, while building the architecture with values.

Instructor Kari Feuer  
 7591 Fri Oct 30 10:00 AM – 2:30 PM

Resident Fee	\$50
Non-Resident Fee	\$60
Supply Fee	\$5, plus list on receipt or online

**Color and Composition for Abstract Painting**

Explore various strategies to assemble a palette and expressive techniques for layering color while composing shapes for form and space.

Instructor Kari Feuer  
 7592 Fri Nov 20 10:00 AM – 2:30 PM

Resident Fee	\$50
Non-Resident Fee	\$60
Supply Fee	\$5, plus list on receipt or online

Online Registration for programs in this CAPE begins at 9 AM on August 1, 2020.

□ Workshop

**PHOTOGRAPHY**

**Say NO to AUTO!** ●

Say NO to AUTO! is about taking control of your photos. This beginner photography class is for those with DSLR cameras. Students will learn the basics for working in any mode and taking beautiful photos.

Instructor Kristen Huntley

7489	Thurs	Sept 17 – Oct 22	5:30 – 6:30 PM
7490	Thurs	Jan 7- Feb 11	5:30 – 6:30 PM

Resident Fee	\$100
Non-Resident Fee	\$110
Supplies	DSLR Camera

**STAINED GLASS**

**Stained Glass** ●●●

Tiffany and Lead Came techniques will be demonstrated in this class that covers glass cutting, soldering, sealing, foiling, patina application, and finishing. The supply fee covers basic supplies; the studio has soldering irons and grinders for studio use. Supplies are purchased through a supplier and cost approximately \$120.

Instructor Brook Lindbert

7535	Wed	Sept 16 – Oct 21	1:30 – 4:30 PM
7536	Wed	Oct 28 – Dec 16	1:30 – 4:30 PM
7537	Wed	Jan 6 – Feb 10	1:30 – 4:30 PM
7539	Wed	Sept 16 – Oct 21	5:30 – 8:30 PM
7540	Wed	Oct 28 – Dec 16	5:30 – 8:30 PM
7541	Wed	Jan 6 – Feb 10	5:30 – 8:30 PM

✗ No class Nov 11 and 25

Resident Fee	\$100
Non-Resident Fee	\$110
Supply Fee	See list on receipt or online



Artwork by instructor Brook Lindbert

## JEWELRY

### Byzantine Sterling Silver Bracelet ●●●

In this two-session workshop, students will learn how to make a beautiful Byzantine link sterling silver bracelet from solid jump rings. The tightly linked ancient Byzantine style bracelet can be accomplished without prior jewelry making experience. The supply fee includes sterling silver links and a clasp for a 7-inch average sized bracelet.

Instructor	Susan Machamer		
7529 Sat	Oct 17 & Oct 24	10 AM – 1 PM	
7530 Thurs & Fri	Feb 18 & Feb 19	10 AM – 1 PM	
Resident Fee		\$85	
Non-Resident Fee		\$95	
Supply fee		\$65	



Precious metal clay earrings

### Precious Metal Clay: Earrings and Pendants ●●●

In this three-session workshop (two three-hour and one two-hour finishing class), students will learn the basic skills for working with silver precious metal clay that is fired to make metallic jewelry pieces. The supply fee includes 25 grams of clay and use of the instructor's tools. Additional clay and findings available for purchase.

Instructor	Susan Machamer		
7532 Mon	Oct 26, Nov 2	9 AM – 12 PM	
	Nov 9	9 AM – 11 AM	
7533 Sat	Jan 30, Feb 6	9 AM – 12 PM	
	Feb 13	9 AM – 11 AM	
Resident Fee		\$115	
Non-Resident Fee		\$125	
Supply fee		\$65	

## FIBERS

### Chunky Knit Blanket ●●●

Warm up this winter with a soft and cozy chunky knit blanket! No needles or experience required as these are made by hand knitting. All yarn needed to complete a blanket is provided. The supply fee is separate from the registration fee and is paid directly to the instructor.

Instructor	Claire Clemmons		
7620 Sat	Nov 7	10 AM – 12 PM	
7621 Sat	Jan 23	10 AM – 12 PM	
Resident Fee		\$75	
Non-Resident Fee		\$85	
Supply Fee		\$35	



Chunky Knit Blanket

## WRITING

### Finding Your Voice ●●●

This course is based on the work of Julia Cameron. In her book, "The Right to Write," she paved a path for those seeking a life full of rich, meaningful words. This course will build upon that path by giving participants tools that will help them expand their own narrative landscape.

Instructor	Jeanne Mullins		
7618 Tues	Sept 15 – Oct 20	2 – 4 PM	
Resident Fee		\$85	
Non-Resident Fee		\$95	

**ACTING**

**Discover the Joy of Acting** ●●●

Students will learn to express themselves using mind, voice, and body by role-playing, character development, and staging. Improvisation, monologues, and dialogues will be used to develop acting skills. The supply fee is paid to the instructor on the first day of class for scripts.

Instructor	Ella Reischer		
7432	Mon	Nov 2 – Dec 14	10:30 AM – 12:30 PM
7433	Mon	Jan 4 – Feb 15	10:30 AM – 12:30 PM
✗ No class Nov 23 and Jan 18			
Resident Fee	\$80		
Non-Resident Fee	\$90		
Supply Fee	\$10		

**On-Camera Auditioning** ●●●

Every student will work on camera every class. Students will work on on-camera auditioning techniques for film and TV. Sides will be provided either ahead of class or cold read style.

Instructor	Renee Plante and Will Mutter		
7413	Thurs	Sept 17 – Oct 22	3:30 – 6:30 PM
7414	Thurs	Nov 5 – Dec 17	3:30 – 6:30 PM
7415	Thurs	Jan 7 – Feb 11	3:30 – 6:30 PM
✗ No class Nov 26			
Resident Fee	\$80		
Non-Resident Fee	\$90		

**You've Got Character** ●●●

This six-week course provides students new to acting the essential tools to create a character from the ground up and apply their work to either a theatrical scene or monologue that students develop and perform throughout the course.

Instructor	Stephen Wozniak		
7648	Tues	Nov 3 – Dec 15	1 – 3 PM
✗ No class Nov 24			
Resident Fee	\$150		
Non-Resident Fee	\$160		



Adult Ballet

**Act Out** ●

This class provides beginner students with basic acting skills. The instructor will also show movie clips to help students better understand what performers do and how one sees them in a story. Students will engage in different acting exercises to help them get out of their head and act out on the stage.

Instructor	Stephen Wozniak		
7647	Mon	Jan 4 – Feb 15	6 – 8 PM
✗ No class Jan 18			
Resident Fee	\$150		
Non-Resident Fee	\$160		

**DANCE**

**Introduction to Ballet** ●●●

This class is an introductory exploration of ballet for fun, fitness, strength, flexibility, and endurance. Participants will be gently guided through the unique body movements of ballet to experience the joy of classical dance. Attire should be appropriate for stretching and movement.

Instructor	Pam Brown		
7442	Thurs	Sept 17 – Oct 22	11 AM – 12 PM
7443	Thurs	Nov 5 – Dec 17	11 AM – 12 PM
7444	Thurs	Jan 7 – Feb 11	11 AM – 12 PM
✗ No class Nov 26			
Resident Fee	\$50		
Non-Resident Fee	\$60		
Supplies	Ballet shoes		

**Ballet Choreography** ●●

This class begins with barre exercises to warm up the body and then works toward center floor dancing combinations with a goal of improving balance, endurance, flexibility, artistry, and strength. Attire should be appropriate for stretching and movement.

Instructor	Pam Brown		
7447	Tue	Sept 15 – Oct 20	10:30 AM – 12 PM
7446	Thurs	Sept 17 – Oct 22	9:30 – 11 AM
7449	Tue	Nov 3 – Dec 15	10:30 AM – 12 PM
7448	Thurs	Nov 5 – Dec 17	9:30 – 11 AM
7451	Tue	Jan 5 – Feb 9	10:30 AM – 12 PM
7450	Thurs	Jan 7 – Feb 11	9:30 – 11 AM
✗ No class Nov 24 or 26			
Resident Fee	\$65		
Non-Resident Fee	\$75		
Supplies	Ballet Shoes		

**Introduction to Jazz Dance ●**

Jazz dance is an exploration of style and presentation that combines classical ballet and modern dance with current forms of popular dance. The class includes a warm-up that develops strength, flexibility, coordination, and jazz dance technique. Classes will progress to learning simple jazz choreography.

Instructor Nancy Smith

7492	Mon	Sept 14 – Oct 19	1 – 2 PM
7493	Mon	Nov 2 – Dec 14	1 – 2 PM
7494	Mon	Jan 4 – Feb 15	1 – 2 PM

✗ No class Nov 23 and Jan 18

Resident Fee	\$50
Non-Resident Fee	\$60
Supplies	Jazz shoes

**Introduction to Tap Dance ●**

Introduction to Tap will establish fundamental tap movements and vocabulary, and focus on basic rhythms and steps that progress into fun and lively combinations for beginners. Tap dance sharpens reflexes, improves memory skills and coordination, and is a great way to develop musicality, timing, and balance.

Instructor Nancy Smith

7496	Mon	Sept 14 – Oct 19	2 – 3 PM
7497	Mon	Nov 2 – Dec 14	2 – 3 PM
7498	Mon	Jan 4 – Feb 15	2 – 3 PM

✗ No class Nov 23 and Jan 18

Resident Fee	\$50
Non-Resident Fee	\$60
Supplies	Tap shoes

**Continuing Tap Dance ●●**

Building on principles that are learned in Introduction to Tap, this class continues the development of tap technique, with a focus on speed, transitions, and style. Students should be comfortable with basic tap vocabulary, including cramp rolls, riffs, draw backs, maxi fords, and time steps.

Instructor Nancy Smith

7500	Fri	Sept 18 – Oct 23	10 – 11 AM
7501	Fri	Nov 6 – Dec 18	10 – 11 AM
7502	Fri	Jan 8 – Feb 12	10 – 11 AM

✗ No class Nov 27

Resident Fee	\$50
Non-Resident Fee	\$60
Supplies	Tap shoes

**Tap Dance Choreography ●●**

This class provides the opportunity to work with the instructor in the creation of a performance piece. Emphasis is placed on developing performance skills and engaging in the choreographic process. This class is appropriate for experienced dancers who are looking to connect rhythms, techniques, and phrases into longer sequences.

Instructor Nancy Smith

7504	Thurs	Sept 17 – Oct 22	2 – 3 PM
7505	Thurs	Nov 5 – Dec 17	2 – 3 PM
7506	Thurs	Jan 7 – Feb 11	2 – 3 PM

✗ No class Nov 26

Prerequisite	Continuing Tap Dance
Resident Fee	\$50
Non-Resident Fee	\$60
Supplies	Tap shoes

**Introduction to Clogging ●**

This class covers the basics of clogging steps arranged in fun dances to various types of music. You will be introduced to mountain clogging, flat footing, and novelty “pity pat” style dancing. This class is mildly aerobic and open to all regardless of dance background.

Instructor Pam Brown

7453	Tue	Sept 15 – Oct 20	12 – 1 PM
7454	Tue	Nov 3 – Dec 15	12 – 1 PM
7455	Tue	Jan 5 – Feb 9	12 – 1 PM

✗ No class Nov 24

Resident Fee	\$50
Non-Resident Fee	\$60
Supplies	Clogging shoes



Clogging shoes



Tap shoes

**Social Ballroom Dance** ●●●

In Social Ballroom Dance, students will explore smooth dances (waltz, foxtrot) and some suave rhythms (rumba, bolero). Classes include instruction and practice time and students are encouraged to progress at their own pace. Each participant needs a partner and both must register. Wear comfortable clothes and bring shoes that are secure.

Instructor	Marilee Tremlett		
7524	Thurs	Sept 17 – Oct 22	5:30 – 6:30 PM
7525	Thurs	Jan 7 – Feb 11	5:30 – 6:30 PM
Resident Fee	\$50		
Non-Resident Fee	\$60		



Ballroom dance

**Swing Dance** ●●●

This class goes beyond the basics of swing dance. In addition to swing, students learn Latin rhythm dances. From the basic patterns to challenging variations, students will learn tips and techniques that will set them apart. Each participant needs a partner and both must register. Wear comfortable clothes and bring shoes that are secure.

Instructor	Marilee Tremlett		
7526	Thurs	Nov 5 – Dec 17	5:30 – 6:30 PM
✗ No class Nov 26			
Resident Fee	\$50		
Non-Resident Fee	\$60		

**PROGRAM & EVENT NOTICE**

Please note that all programs and events in this issue of the CAPE are subject to change or to be modified due to weather, public health concerns, and other executive orders. For the most up-to-date information, please check the Town's website and social media pages.

**Foundations of Belly Dance: Semiprivate Session** ●

This foundations class focuses on the basic hip, chest, hand, arm, travel steps, and combinations inherent in all styles of belly dance. Movements are introduced and broken down into simple-to-understand elements. Students will learn a simple, elegant dance. Beginners welcome, no previous dance experience required. Experienced dancers will deepen and expand movements. Five students maximum.

Instructor	Kristen Dorsey		
7641	Wed	Sept 16 – Oct 21	6:30 – 7:30 PM
7642	Wed	Oct 28 – Dec 16	6:30 – 7:30 PM
7643	Wed	Jan 6 – Feb 10	6:30 – 7:30 PM

✗ No class Nov 11 or 25

Resident Fee	\$170
Non-Resident Fee	\$180

**Intermediate Belly Dance: Semiprivate Session** ●●

This session covers Egyptian-style belly dance. Students expand on movements learned in Foundations of Belly Dance to learn the basics of Egyptian belly dance. Students will learn a challenging choreography. Prerequisite: one year of Foundations of Belly Dance or permission of the instructor. Five students maximum.

Instructor	Kristen Dorsey		
7644	Wed	Sept 16 – Oct 21	7:30 – 8:30 PM
7645	Wed	Oct 28 – Dec 16	7:30 – 8:30 PM
7646	Wed	Jan 6 – Feb 10	7:30 – 8:30 PM

✗ No class Nov 11 or 25

Resident Fee	\$170
Non-Resident Fee	\$180

## OPPORTUNITIES FOR ARTISTS

**LCAC Virtual Holiday Art Market Vendors**

Market your wares at this unique virtual event on the Leland Cultural Arts Center's social media pages! This juried virtual art market will feature handmade creations from incredible local artisans and makers. Applications will be available on our website on September 28, 2020.

Submission Dates	Sept 28 – Oct 23
Deadline	Oct 23 by 3 PM
Market Date	Dec 5, 9 AM – 3 PM

**2021 LCAC Gallery Exhibitions**

Local artists are encouraged to submit artwork for the jurying process for LCAC's 2021 Art Exhibitions. Applications will be available on our website beginning August 29, 2020.

Submission Dates	Aug 29 – Sept 25
Deadline	Sept 25 by 2 PM



LCAC Art Gallery

**Student Showcase Gallery Exhibition**

Every January the LCAC hosts the Student Showcase Gallery Exhibit. For students who have taken a class at the LCAC in or after September 2019 and are interested in participating, artwork and participant forms will be accepted from December 7 to 31, 2020. Students will be able to pick up a participant form starting November 30. Participant forms can be picked up at the LCAC front office or from an LCAC instructor during class.

Submission Dates	Dec 7 – Dec 31
Deadline	Dec 31 by 5 PM

**PROGRAM & EVENT NOTICE**

Please note that all programs and events in this issue of the CAPE are subject to change or to be modified due to weather, public health concerns, and other executive orders. See page 3 for more info.

## FRIENDS OF THE LCAC (FLCAC)

Friends of the Leland Cultural Arts Center is a non-profit organization of volunteers charged with responsibility for fundraising to support development, maintenance, and overall success of programs and projects of the Leland Cultural Arts Center.

**FLCAC Scholarship Application Process**

Scholarships are made possible by generous donations to the FLCAC. To apply for an FLCAC scholarship, complete the application on page 12 or visit [www.friendslcac.org](http://www.friendslcac.org). Please return the completed scholarship application to the LCAC's front desk. Scholarship applications will be reviewed by the FLCAC board and the board will notify participants of application status. Apply at least two weeks prior to the program start date to allow time for scholarship processing.

FLCAC website:	<a href="http://www.friendslcac.org">www.friendslcac.org</a>
FLCAC email:	<a href="mailto:contactus@friendslcac.org">contactus@friendslcac.org</a>

**FLCAC Volunteer Opportunities**

The Friends of the Leland Cultural Arts Center assists with some LCAC events and welcomes new volunteers to become involved. If you would like to volunteer, or if you wish to make a donation to the FLCAC scholarship program, please email the FLCAC at the email listed above.

See  
Scholarship  
Application  
on page 12

# We want to hear from you!

Please take a few minutes to let us know how you feel about the CAPE to help us better serve you.

Visit <https://bit.ly/capesurvey2020> or fill out the survey below and return to:  
Leland Parks and Recreation, 102 Town Hall Drive, Leland, NC 28451

**Where do you live? Please share the Leland community/area where you live (please do not share your street address). If you do not live in Leland, please feel free to share or "I do not live in Leland."**

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**Are you familiar with the CAPE?**     Yes     No     Yes, but I don't read/use it

**If you are familiar with the CAPE, where do you usually get your copy?**

Receive it in the mail                       Pick it up at Town Hall/Leland Cultural Arts Center  
 Pick it up at another Leland business/organization     I don't recall

**Have you participated in Leland Parks and Recreation or Cultural Arts Center events, classes, or programs?**

Yes     No     I'm not sure

**Where did you learn about the Leland Parks and Recreation or Cultural Arts Center events, programs, or classes? (select all that apply)**

CAPE     Social Media     Leland Magazine     North Brunswick Magazine

**How likely are you to participate in Leland Parks and Recreation or Cultural Arts Center events, programs, or classes in the future?**

Very unlikely     Less likely     Neutral     Likely     Very likely

**How do you prefer to register for events, classes, or programs?**

	Online (ActiveNet)	In Person (Town Hall)	In Person (LCAC)	EventBrite	Online Form (free programs)	I haven't registered
Special Events & Concerts	<input type="checkbox"/>	<input type="checkbox"/>				
Classes	<input type="checkbox"/>	<input type="checkbox"/>				
Paid Programs	<input type="checkbox"/>	<input type="checkbox"/>				
Free Programs	<input type="checkbox"/>	<input type="checkbox"/>				

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**How important is the CAPE in your decision making to participate in Leland Parks and Recreation or Cultural Arts Center events, programs, or classes?**

Not at all important   
  Less important   
  Neutral   
  Important   
  Very important

**Regarding future issues of the CAPE, which would you prefer?**

Mailed to home   
  Digital download only   
  Copies available for pick-up at locations around town  
 Mailed to home and digital download   
  Available at town locations and digital download

**Would you be more or less likely to utilize future issues of the CAPE if they were:**

	Very unlikely	Less likely	Neutral	More likely	Very likely
Mailed to homes	<input type="checkbox"/>				
Digital download only	<input type="checkbox"/>				
Copies available for pick-up around town	<input type="checkbox"/>				
Mailed to homes & digital download	<input type="checkbox"/>				
Available for pick-up & digital download	<input type="checkbox"/>				

**How would you rate your satisfaction with the most recent issue of the CAPE (Fall 2020/Winter 2021) with regards to:**

	Very unsatisfied	Unsatisfied	Neutral	Satisfied	Very satisfied
Class, program, and event offering	<input type="checkbox"/>				
Usability	<input type="checkbox"/>				
Readability	<input type="checkbox"/>				
Aesthetics	<input type="checkbox"/>				

**Do you have any additional comments?**

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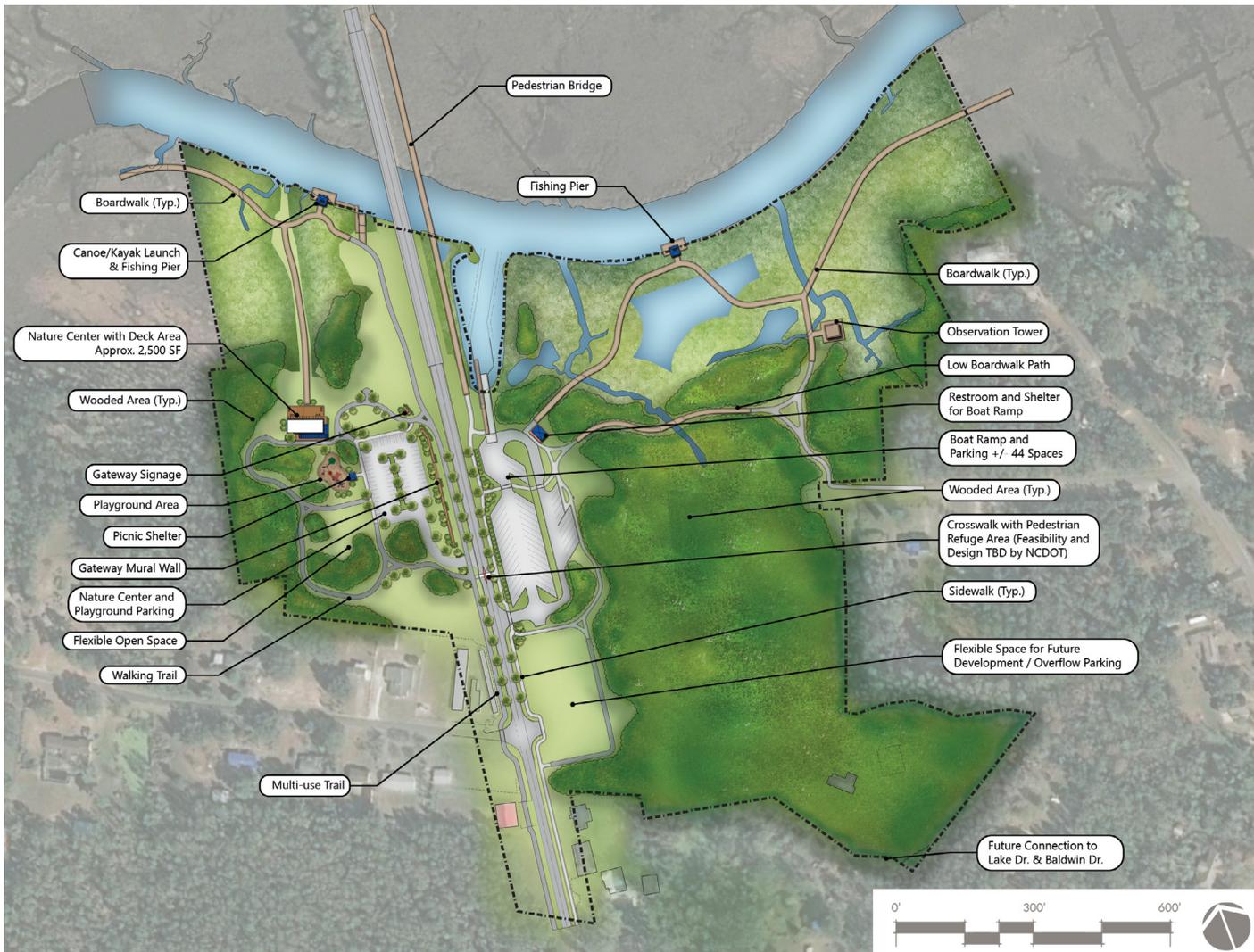


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Please mail your completed survey to:  
 Leland Parks and Recreation, 102 Town Hall Drive, Leland, NC 28451  
 Thank you for your help!

STURGEON CREEK PARK MASTER PLAN

Through diligent planning, strategic acquisitions, and creative visioning, the Town of Leland has positioned itself to develop a new park with the potential to serve as a landmark for the community and the Cape Fear region. Situated along a tributary of the Brunswick River, Sturgeon Creek Park will allow access to pristine natural areas, as well as serve as an anchor for the vibrant Gateway District. The site will include a variety of fun and new amenities, most notably a NC Wildlife boat ramp. Stay tuned to learn more about this exciting future park project.





Town of  
**Leland**  
[www.townofleland.com](http://www.townofleland.com)